

April Cosentino

Emergency Medical Technician

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A caring, hardworking, driven healthcare professional who possesses strong knowledge of medical terminologies, health protocols, and proficiency in excellent patient care services. Adept in administering emergency care, understanding health care initiatives, and demonstrating accountable decision-making skills in a medical unit that performs best practice and procedures. A capable role model with a robust ability to recognize problems, arrive at logical conclusions and practically apply solutions. Highly reliable emergency medical technician, delivering specialized services to patients by accepted practices and established departmental and hospital standards of care.

Core Competencies

Direct Patient Care | Emergency Care | Intensive Care | Patient Assessment | Airway Management | Therapeutic Care | Cardiopulmonary Resuscitation | Mechanical Ventilation | Cardiopulmonary Systems | Infection Control | Treatment Planning | Telemetry Monitoring | Bedside Manner | Procedural Skills | Physiological Knowledge | Health Promotion & Maintenance | Medical Terminologies | Shift Requirements | Acute Care | JCAHO Compliance | Customer Service | OSHA & HIPAA Training | Crisis Prevention Intervention | Standard Operating Procedures | Diagnostic Protocols | Time Management | Splinting & Casting | Inventory Ordering | Heavy Lifting | Aseptic Technique | Surgical Procedures | Patient Safety | Quality Improvement

Professional Experience

PALOMAR HEALTH | Poway, CA **Aug 2021- Current**

EMERGENCY DEPT TECH

Provides and documents care to patients in the Emergency department under the direction of the RN, to ensure a safe, comfortable and confidential environment.

- Participates as a team member to ensure appropriate resources to all internal/external customers.
- Utilize Crisis Prevention Intervention (CPI) de-escalation techniques to calm patients, reassuring overall safety.
- Proficient in role as Unit Secretary as needed, including physician paging, inter facility transfers, Windows computer skills, and knowledge of various office duties.

PALOMAR HEALTH | Escondido, CA **Jul 2019 – Apr 2020 | Feb 2021 - Aug 2021**

PATIENT SAFETY REPRESENTATIVE

Oversee daily operations of patient safety for the unit, minimizing risks and potential harm to all patients and staff.

- Remove all potentially harmful objects from patient surroundings, providing patient care under nurse supervision.
- Utilize Crisis Prevention Intervention (CPI) de-escalation techniques to calm patients, reassuring overall safety.
- Drive observation of psychiatric patients and safety management, evaluating risks of self-harm and harm to others.

SORENSEN COMMUNICATIONS | Vancouver, WA **Sep 2017 – Aug 2019**

SIGN LANGUAGE INTERPRETER

Provided sign language services and facilitated communication between deaf or hard clients with other people.

- Interpreted messages into specified sign languages, ensuring message content, context, and style is preserved.
- Maintained highest level of professionalism and confidentiality handling sensitive subject matter and situations.
- Followed ethical codes and guidelines established by the FCC, protecting clientele and maintaining integrity.

PALOMAR HEALTH | Escondido, CA **Nov 2016 – Aug 2017**

PATIENT PLACEMENT REPRESENTATIVE

Assisted and worked with RN supervisor to arrange appropriate placement of patients for admission and discharge.

- Directed calls to appropriate department personnel, utilizing multiple telephone lines, giving accurate information.
- Collaborated with coworkers and management to ensure accuracy of patient records, maintaining confidentiality.

→ Reviewed charges to patient accounts and adjusted them for timely billing, showcasing business efficiency.

PALOMAR HEALTH | Escondido, CA

Mar 2015 – Nov 2016

STAFFING SECRETARY

Spearheaded staffing of all nurse schedules in multi-facility organization, keeping great interpersonal relations with employees.

- Worked with nursing management to ensure patient safety and maximum productivity, boosting development.
 - Managed up-to-date scheduling records to meet the staffing demands that vary with daily census fluctuation.
 - Developed cohesive relationships with all departments through clear communication, promoting productivity.
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PALOMAR HEALTH | Escondido, CA

Jan 2011 – Mar 2015

CNA/ NUS

Cared for patients under the direction of RN in Cardiovascular Critical Care, Trauma ICU, Med/Surg, and psychiatric departments.

- Accommodated and aided patients with activities of daily living, including feeding, bathing, and ambulating.
 - Assisted nursing team with direct patient care including taking vital signs and monitoring cardiac rhythms.
 - Ensured accurate electronic patient documentation, reviewing physician orders, and maintaining patient charts accordingly.
 - Worked under direction of Physician and RN to assist in sterile invasive procedures.
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Education & Professional Development

Degree Program: Nursing | Palomar College

EMT Certification Program | EMSTA College | Santee, CA

Certified Nursing Assistant Program | MiraCosta College | Oceanside, CA

National Registry EMT Certification – Registry No. E3505835

San Diego County EMT Certification – Registry No. E153409

BLS Provider/ CPR - Active

Technical Skills & Languages

Microsoft Office ▪ Clarity ▪ Cerner

Languages: English | Fluent ▪ American Sign Language | Fluent

